



bikes FOR kids

### 10K Bike Ride Directions

**Date:** May 8, 2010

**Start Time:** 8:30 AM

**Distance (approx. miles):** 62.5

#### **Kilometers**

- Start** Cottonwood St (Intermountain Medical Center, 5121 S. Cottonwood St)
- Left** on Vine St
- 1 **Left** to Murray Bl., which turns into 700 West
- 3 **Left** to Winchester
- 2 **Right** to 1300 West
- 1 **Right** to Bennion Bl.
- 2 **Left** to 2700 W. *(Note: Use caution crossing over to left turn lane from Bennion to 2700 W.)*
- 16 **Left** to 14400 South  
Turnaround - Rest stop #1: Murray Rotary Club's School Snacks
- 4 to 12600 South
- 7 **Right** to 300 East
- 3 **Right** to 13800 South
- 3 **Right** to Minuteman Dr.
- Left** to Highland  
start climb
- 5 **Left** to 1300 East
- 3 **Left** to Draper Parkway
- 2 **Right** to Wasatch Bl.  
start climb
- 9 **Right** to La Caille  
Rest stop #2: La Caille's Brunch in France
- Right** From La Caille heading North on Wasatch Bl.
- 3 Caution: Steep downhill before Big Cottonwood, continue past rock plant then...
- 4 **Right** on Wasatch Bl.
- 8 to 3300 South
- Right** along frontage road to bike trail crossing over I-80 to Foothill Bl. continue to Thunderbird
- 3 **Right** to Wasatch Dr. only 50 meters then...
- 4 **Left** to Crestview Dr.
- Left** to Sunnyside (Sunnyside turns into 800 S. at 1300 E.. Caution – Steep downhill from 1200 E. to 1000 E.)
- 5 **Left** to 900 East
- Left** to 900 South - rest stop - Contender Bicycles
- 11 **Continue** to 6000 South
- 3 **Right** to 300 West which turns into Cottonwood St
- 2 **to Finish** Cottonwood St (Intermountain Medical Center, 5121 S. Cottonwood St)  
Eat a Belgium breakfast at the finish provided by Utah Food Service
- 104 **Total** O.K. so it's slightly more than 100k. Remember, it's for the kids.

#### Title Sponsors

#### Rest Stop Sponsors

